# NewsLetter from the Island #2

Creative Occupation - South Channel Fort Island 2020

Hello Friend,

Welcome to Issue #2 of the NewsLetter - it's a space in which an Island Pilgrimage of Creative Occupation, created by Ingrid Petterson, is visualized in a live thread of the Island's conversation. This is followed by documentation film. Beginning with describing five parts of the journey, the pilgrimage extends between January and April 2020. A guided journey... pilgrimage speaks to the unknown, yet endorsed as phases, it absorbs events and carries itself forward through time as a free independent flow - carving a parallel space, relying on trust and creating relations.

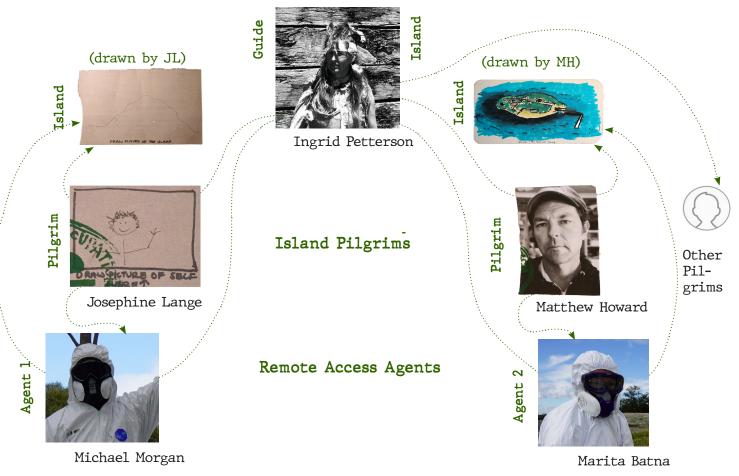
At the very end of this NewsLetter please find an Invitation to you. With everyone having to go through isolating times and distancing during COVID-19, the NewsLetter from the Island is looking & working outwardly, - the project 'Voices... My Voice' invites Island artists and friends to send in (image and /or writing, or words) expressing 'voice' and then to receive a set of all 'voices'. The NewsLetter will take on an additional form as Special Edition of Creative Occupation Series Two. Be encouraged to reflect within & hear voices of others!

Warm Regards, Marita Batna, Curator of Creative Occupation &

PhD student (practice-based)
Creative Occupation contributes to artistic research related to curatorial practice,

26-04-2020

# ISLAND PILGRIMAGE by Ingrid Petterson



People / Roles (Jan- Apr 2020)

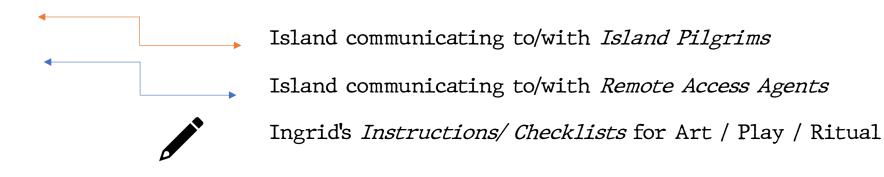
#### Ingrid Petterson's

# Island Pilgrimage



## Island's Phone Conversation

[Jan-Apr 2020]





#### Tue, 28 Jan. 2020 8:25 am



A message from South Channel Fort:

Dear Friends,

You know me affectionately as 'The Island.'

I am so glad you have taken up the call for art/play/ ritual with Creative Occupation. Ingrid will be your guide on this curated tour/pilgrimage.

The 5 phase itinerary is based on the hero/heroine's journey map.

- 1. Preparing/putting things in order
- 2. Setting out
- 3. Art/play/Ritual
- 4. Returning
- 5. Home to hearth and heart

More to follow.

The Island

Please direct any questions, dreams, dietary needs to Ingrid xx

#### Tue, 28 Jan. 2020 9:03 pm



- 1. Preparing/putting things in order: -put the date in your calendar (8th or 9th feb)
- -tell your loved ones
- tidy that which needs attending to
- start/continue keeping a dream diary. You may like to ask before you sleep, "Island; do you have a message for me?"

Sleep well, Dream well, The Island \*

#### Fri, 31 Jan. 2020 6:47 pm



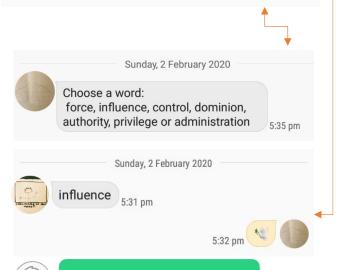
Hi. Island here. Check me out on Facebook by following creative occupation. If I'm hard to find go via Marita batna.....amazingly I am the focus of her PhD on curating - practise based!

Marita is keen for lots of documentation of and by all my creative occupation guests and pilgrims so please bring your documenting devices, however if you are more of a just be in the moment kinda person without capturing the moment...that is totally cool too!

Please let Ingrid know beforehand if you do not wish to be photographed or filmed.

Ahh the water lapping at my shore....peaceful zephyr cooling me.....I look forward to you feeling it too.

The Island \*



Hi Island Force works for me the

principal nature of physics x

(No subject) 4:54 pm 3 Feb. 2020



#### 2. Setting out:

At st.leonards art play and practicalities start to merge.

There's the log book, some papers, my island notes and your fears.....what do you fear? ( no need to answer right now; just consider)....I fear being miss understood. I'm man made for war and seeded with the wild woman energy of nature, of cycles and moods and hues. I am a body.....I am earth and I am not. And there's captain Michael Morgan to meet (he knows me well...knows my under currents, my ebb and flow). There's luggage transfers and personal needs to attend to ( there are no man made toilets on me and you can not drink my salty water)

And when you're all set, rope will be released and away you'll go with captain and guide and your fear in a box.

You'll be okay...maybe even great....I so long to meet you.

The island\*







#### (No subject) 7:40 pm 3 Feb. 2020

What to bring when you visit me:

Sun hat/beanie/sunglasses/jumper/bathers (if you'd like to swim), sunscreen - you get the idea - things to keep you comfortable in varying conditions

Thermos/drink bottle with your choice of liquids

A reel of thread, a length of cloth, a piece of wool/ string the length of you, a t-shirt/apron or shirt you are happy to art up, your own creative tools and devices that you may be inspired to use, notebook, writing implement

An offering to put on the altar (you can take your offering home with you when you leave me). You're dreams or dream reflections will tell you what to bring.....listen to your knowing Self.

Soon we will relate
Soon your imprint will be upon me
Soon I will be a lived experience upon you
And then.....
And then.....
Memory
The water will continue to hold me
What will hold you?

#### (No subject) 8:21 pm 4 Feb. 2020



#### 3. Art play/Ritual

Upon arrival the ritualistic art play begins. Please follow your guides instructions. Whilst you may have seen Ingrid screaming and screeching in her supporting roles for the other creative occupation artist projects, her own processes are often non verbal, so think quiet and slow as if in a temple.

I also require your respect, your reverance, your care when we meet. I am a fragile hybrid, a mixed breed......I've said it before and I shall say it again.....I am born of man (how odd? Man-made?) And seeded with nature. I have been damaged before, though some may say "impossible!" For a thing designed, created, built, but I have been granted the gifts of the wild and with it relationships to cycles and rhythms, ebb and flow, light and dark. So in this delicate interplay of man made and woman wilded, my very existence is a fragile one. And then there is the issue of ownership. Who owns me? Who has that administration, privilege, authority, dominion, control, influence and force over me?

Who holds power over you? Can I not just be an island unto my Self? Is that what you are? I want to learn from you?

My friends....... I put my trust in you.

And I thank you for trusting Ingrid who is already known to me. She will guide you in a little ritualistic art play, the breaking of bread and then there will be time for Self reflection and personal space to make, swim or just be.

Until then let us meet in dream,

The Island\*

"Please follow your guides instructions.
Whilst you may have seen Ingrid screaming and screeching in her supporting roles for the other creative occupation artist projects, her own processes are often non verbal, so think quiet and slow as if in a temple."





#### Thu, 6 Feb. 2020 9:01 pm



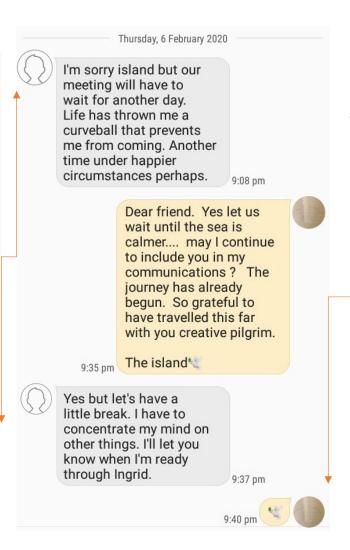
The wind she blows this way and that ....Thor strikes the anvil...the white horses dance...see them? See them! The fates hold our meeting by mere finger tips....prepare prepare await await and we shall see, if it is to be, this weekend or another.....

4. Return to land
Gather your belongings
Gather your Self
Farewell me
Farewell the part of you that is gone, changed
Follow the captain's call
Enjoy the captain's choice scenic route to home shores.

Know that we have loved. You are love You love

Love

The, tenderly awaiting arrival time, Island 💘



(**No subject**) 7:19 pm 7 Feb. 2020



My dear friends......my dear dear friends, the tides are running elsewhere this weekend. The fates have chosen; the muses have spoken and Poseidon has charted the course of our coming days.....more days we shall be apart....more days and moons but soon dear ones our hearts return to this meeting ritual. I shall hold you dearly til then....knowing we are prepared. We are prepared for all the moods of this fine life.......

#### 5.home fire

The final phase of the hero/herione's journey or any ritual is the return to community/ the acceptance and welcoming of a changed you, the you who is different from the you before the journey, the pilgrimage.

You and your loved ones are welcome to linger a little, to reground and reconnect with an exliar and nibbles at Ingrid's, a world away from my shores. If you and yours wish to partake please let her know.

This the final phase is of course for after we meet.

Keep heart

The island\*

#### (**No subject)** 10:32 am 29 Mar. 2020



My dear ones, creative ones, pilgrims, dare I say friends?!

Again the fates have marked our course but the muses will not calm.

The Remote Access Agents (I didn't even know they existed) have made a rule too.
NO ISLAND VISITORS.
NO VISITORS TO THE ISLAND.

I sigh, I weep, I've seen a thousand tides before; the sands shift, the birds and animals rearrange and the moon and sun cycle cycle cycle and ALL IS WELL IN MY WORLD......and yours because yes the moon and yes the sun and the tides.

I've been expecting/hoping/longing your arrival - the deepening of relationships.

In light of this I wonder if you would still like to connect with me and partake in honouring the island concept in your Self and in the physicality of me by receiving a delivery to your door/gate or Wed for you to engage with and document in you. own home.? Upon completion leave at your door/gate for pick up by 1pm Fri.

The Remote Access Agents will deliver your creations to me, guided by Ingrid's instructions, to enact the pilgrim journey/experience on your behalf.

This is different to what we'd imagined. I hear the social psyche of humanity are in new territory for this generation. We are in the realms of administration and authority and yet the muses call and the spirits still dance.

I am told the remote access agents will be in full safety gear.....their senses separated from the elements. I can only hope their hearts are pure, that they have best intentions and that your energies carry forth and I feel you and you, I.

Please let me know if you wish to engage in this creative art play ritual in your own home. It will be based on the instructions already sent to you....you will need cloth, some thread etc. Further instructions included with delivery.

We are all islands.

The Island

I'm happy to participate.
Matt Howard

Island pilgrim, thank
you. I so look forward to
connecting.

Can you please pick one
of these words and send
it to me:
force, influence,
authority, control,
dominion, privilege or
administration.

Influence \*

10:46 pm

"The Remote Access Agents will deliver your creations to me, guided by Ingrid's instructions, to enact the pilgrim journey/experience on your behalf.

This is different to what we'd imagined. I hear the social psyche of humanity are in new territory for this generation."

















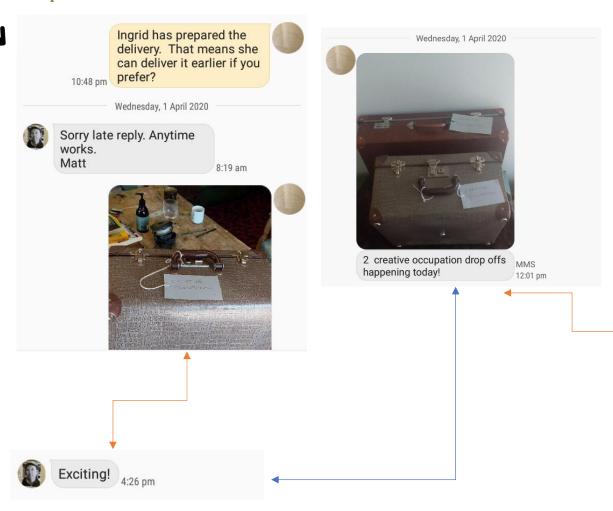
Yes, oh Island of wisdoms and gentle truths, I would love to still connect with you. I look forward to the opportunity to hold you in my creativity and commune with you. Alone, together, one.

4:07 pm

MMS







#### 03-Apr-2020

#### (No subject) 9:33 am 3 Apr. 2020



Oh dear...... Ingrid just remembered to email you the park notes..... I hope you are travelling well. Thank you for your connection. Soon I will meet the remote access agents. I hope they are kind. They don't sound as nice as island pilgrims but names can be deceptive. I will keep my borders open to them....So few are permitted on me now...So odd that others decide who and who is not permitted on the body of me. Sigh. The sunsets have been beautiful....Oh and the stars! Dear pilgrims no matter how isolated we are from each other we are divinely connected....the sky our perfect reflection, guide and connection. Please know that that when you seek the moon -I too am gazing upon it. Blessings

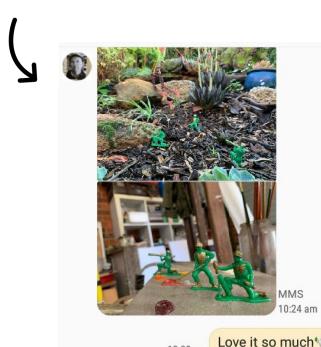
Friday, 3 April 2020



The pilgrims have started their process .

MMS 11:02 am





11:00 am



Love it so much

more images. Please send pics of your creative process too and your official papers and portrait of me. I'm so curious to see. Blessed be. 🤏

It's so wonder full. I await

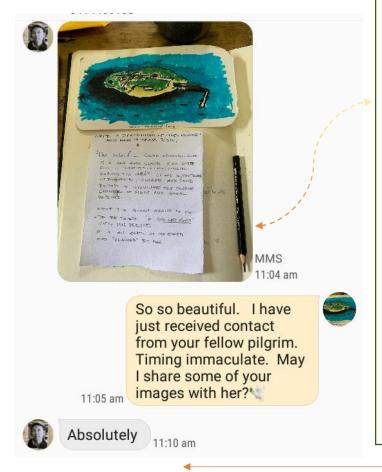
What was your original calling to visit the Island?

"Invitation by dear friend."

How has this changed?

"Island - personified. Invites relationship."





Write A Description of 'The Island' & What it Means to You...

" "The Island" - South Channel Fort is a man made island 6km North East of Sorrento, Constructed during the 1880s using 14,000 tonnes of bluestone, concrete and sand.

Purpose to illuminate the shipping channel at night and naval defence.

What the island means to me - to be honest - "it did not exist" until this project.

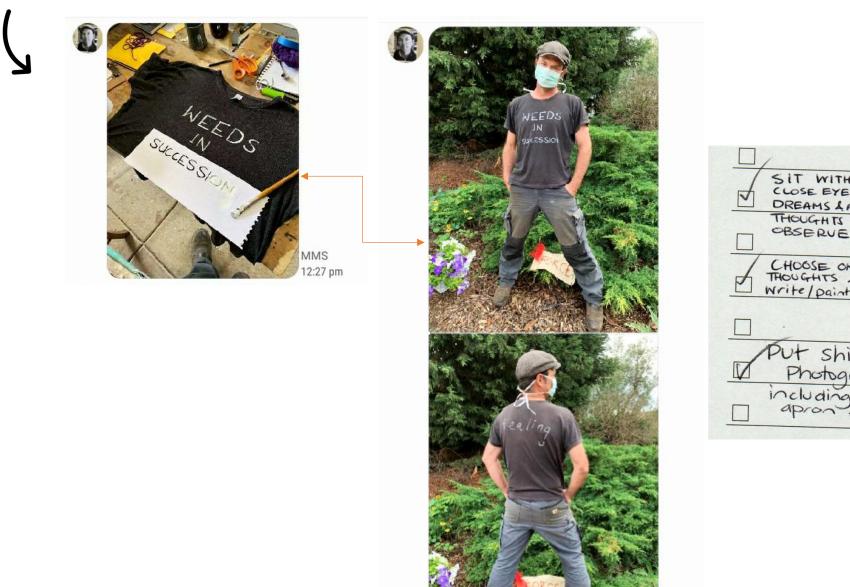
It is on earth, of the earth, and "claimed" by her."

I am so so moved. I never imagined our connection could be so beautiful with such distance between us...with the remote access agents controlling our journey. They do not control all of us. I still feel you. I feel your blessings. I humbly thank 11:31 am you. 🤏



MMS





SIT WITH THE ALTAR
CLOSE EYES, REMEMBER YOUR
DREAMS LAUGH ANY OTHER
THOUGHTS TO ARISE. SIMPLY
OBSERVE

CHOOSE ONE OF YOUR DREAMS
THOUGHTS Lin 1-3 words
Write/paint on Your Shirt/apron.

Put Shirt/apron on.
Photograph Self
including face mask
apron L word flag.





I am Matthew Howard of Juvenile Suicide, Force and weeds in succession, healing.

Dear Island, I offer this Collection of Animal Remains to you.

May it Remind you of Impermanence.

"From birth till death an island has many roles. I am held by the earth."









The breezes hold their breath....for just a moment..... in compete awe. I am humbled again 3:00 pm by your gifts.





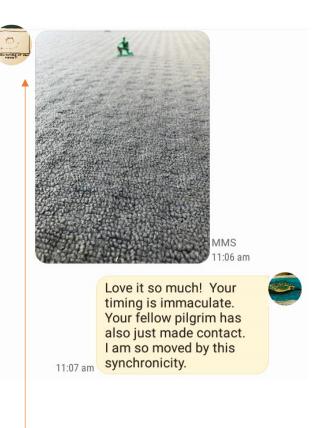








MMS





#### Fri, 3 Apr. 2020 11:11 am



Can you please send me images of your official papers and portrait of me too. I am so so curious to see how you see me. I'm so pleased to see and feel you. Please also send me pics/ sound of your personal creative process too. And one more thing dear one is it ok if I send an image or two to your fellow pilgrim?\*



Yes! Dear Island, please feel free to share. More images coming.

11:12 am





Again sit with the altar close exes + ask for a healing Inurviving message from THE ISLAND. Be Patient, Await transmission. Tou will receive this message as a thought or vision.





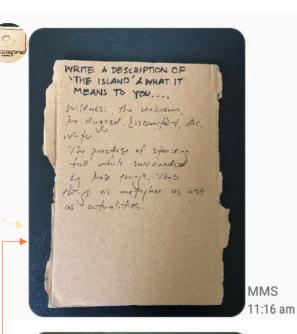




Write A Description of 'The Island' & What it Means to You...

"Wildness, the Unknown, the Rugged, Discomfort, Air, Water.

The practice of standing tall while surrounded by these things. These things as metaphor as well as actualities."





DEDICATE TIME TO YOUR

OWN CREATIVE PRACTISE

TO RESPOND TO YOUR REMOTE

I SLAND EXPERIENCE.

PHOTOGRAPH.





Dear Island - thank you for the images from my fellow pilgrim! So good to know there is another journeying with me. I have loved exploring with you. The suitcase will be by my gate from 1pm for Ingrid to pick up. I look forward to gently treading on your shores one day.

11:20 am

What initially called you to the Island?

"The opportunity to step off my own island into an unknown place. To explore my inner world while exploring a new external world."

How has that changed with time?

"I am discovering that perhaps I don't even need to step on new land to explore my own. Perhaps an exploration with my imagination is journey enough."







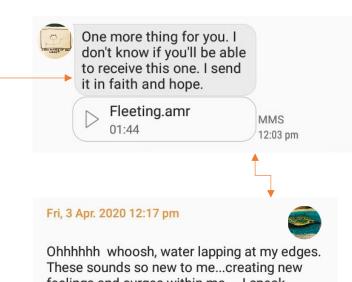




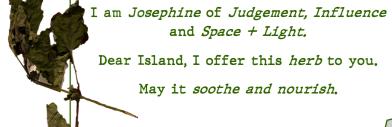
#### Fri, 3 Apr. 2020 11:27 am



Oh I am so so moved by this blessing from you. I never imagined we could connect so intimately with the remote access agents controlling the process some what. I am so honoured to meet you. Feel my gentle salty kiss upon your crown. Now we are a part of each other. The many humbled thanks dear pilgrim.



These sounds so new to me...creating new feelings and surges within me.....I speak mostly from my seen aspects of self and these sounds made me Want to flip to underwater- to speak and see from the hidden structures below the surface. The fish know them well. Thank you a million moons and beyond.\*





#### Fri, 3 Apr. 2020 12:03 pm

Dear remote access agents. In a few hours the delivery from the pilgrims will arrive plus a 3rd suitcase especially for you. Please do not open any of them. Instructions will be attached to the outside of your case.

There are a few materials you will need for your journey: creative occupation stamp and ink, cameras to document as much as you Can, scissors, pen and paper/notebook, thick red texta and a piece of string/wool each - the length of your body with a knot at each end.

Thank you so much. The pilgrim process today has been a very moving experience. Gratitude to the captain and the curator for enabling this for all of us.







1

Hi Island you operate in stealth mode, all luggage received x





#### Fri, 3 Apr. 2020 8:39 pm

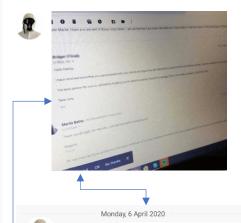
#### Dear Island

We, the remote access agents have received the 3 deliveries from two Pilgrims and 1 for us; this is safely stored in the studio @dogrocks, and we have read the clipboard notes. The supplies indicated by Ingrid will be added in the next days. We received a word on ways of navigation and are taking all steps to compete the mission secretly and safely for the access amidst COVID19. The gods are sending stormy winds for the weekend; but calm winds are awaiting us on Wed 8th April to depart for the job. We are also collecting necessary documentation for this mission to present on request from people of respective departments.

We feel strong energy relayed via the expression of Pilgrims in this COVID19 emergency. Thank you to Ingrid for the Delivery from Pilgrims and Instructions and Notes guiding the Mission.

Yours, we are looking forward to see you soon.









### 08-Apr-2020

9:32 am

Wednesday, 8 April 2020

Island pilgrimage live update
Remote Access Agents stopped by police at the harbour despite having all the official paperwork Study considered essential but apparently not
Remote Access Agents currently retreating to Dog Rocks





Dear ISLAND

We, Agents 1 and 2 here we begin our report to you of the Mission.

There's an invisible entanglment of bureaucratic barrier enforced by Law enforcement Officers. Our journey will begin on a boat among currawongs & magpies, driveway @dogrocks - between lemon scented sentinels.

Destination is the New projection of the island on horizon, it appears sheltered by rocks in the sea of emerald green pasture.

We will send further visuals throughout the Mission. Agents

#### Wed, 8 Apr. 2020 11:02 am



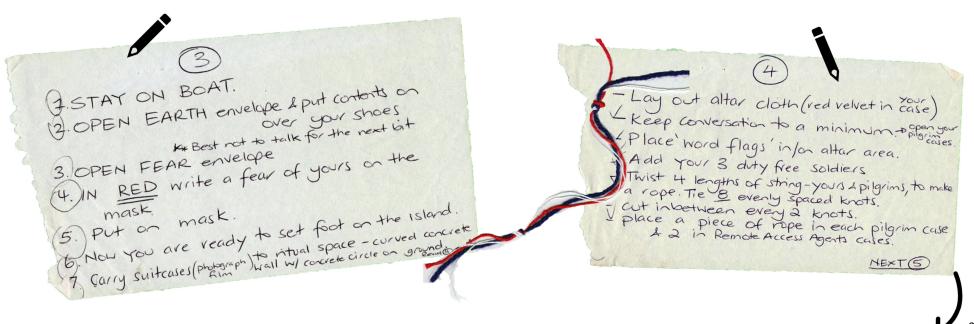
Oh dear agents 1 as well as 2. Your poetics move me. The scenery I can only imagine....so like my self but so foreign.....wild life and earth and rocks and water cloaked with authority and yet still we remain. Thank you for honouring both me and my cousin dog rocks. We are all connected. Go well. The island\*



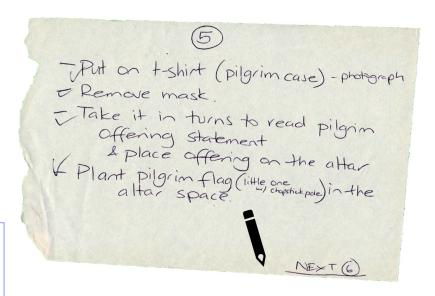


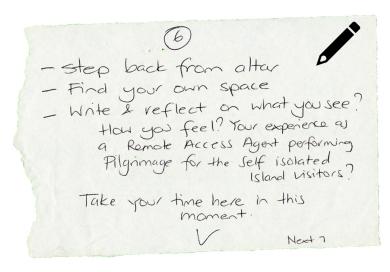
Returning from Queenscliff

















Our instructions reached the final page..





Healing

-Go for a little wander by
y your self
- Choose a small object from the island
& put in your pilgrim case as a gift.
(NO PENGUINS!!)

Virite a healing message from The Island
y to your Pilgrim. Put message in pilgrim
case.

- Photograph / Play / Pack everything up
& REMOVE YOUR PROTECTIVE FOOTWEAR.
Enjoy The Island.

So beautiful. Thank you so much. Will have to arrange pick up of cases. I trust it has been an interesting process. So much gratitude. Look forward to hearing more about it.

Such a cool photo. You agents are amazing!!!!



Thank you Island, thank you to Ingrid & Pilgrims, for us the Mission revealed Earth, Relations. That was a Transformational Mind journey. On completion we are Free, Relieved, Destressed. Xo.



Blessings



















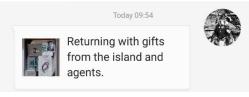
Delivery & Enactment of Art / Play / Ritual 08-04-2020

Film made by Michael Morgan

Includes music composition by Josephine Lange (sent to the Island) Click on the link below (in PDF) or scan qr

https://youtu.be/KqdHp7iSH7c





Thank you to Pilgrims - artists!

Josephine Lange: Web: <a href="https://josephinelange.com/blog/">https://josephinelange.com/blog/</a>

Matthew Howard: Instagram: @matt.the.artist.howard

#### NewsLetter from the Island INVITATION - Voices... My Voice

Dear Friend,

It's important to hear other voices – written, audible and any kind, whether it be human or not, during the lockdown and beyond. It's important to view this time of COVID-19 from a variety of different emotions, experiences, locations, changing perceptions and questions arising.

The NewsLetter is attuned to occurrences and voices from the Island (South Channel Fort) now acknowledging the isolating conditions but looking and working outwardly.

I invite you to partake in a project of the NewsLetter via Special Edition of Creative Occupation Postcard series, as part of the Island community of artists and friends.

Please be encouraged to -

- take an image, indoor or outdoor,
- make a poetic writing,
- send words.

as your 'voice' though an impulse, reflection, feeling, observation, emotion.

When carried by postcards and sent to everyone within the group could these 'voices' be gestures of mutual support? Can they provide intimacy within 'distancing'? Bring in some light (artistic activity) for dark days and times?

#### **Details**

If you would like to send one or several things, it will be used to compose a postcard image as part of Special Edition of Series Two (Creative Occupation 2020).

Send in by Sunday the 3rd of May - to Marita via email marita.batna@gmail.com, or tel. +61 425 326 728, Messenger, WhatsApp.

The format of postcards is similar to Series One of Creative Occupation Postcards.

A full set of this Special Edition will be sent to you and others within the group (estimated May 2020): *please provide your postal address*. All work produced by you will be credited on the reverse side of the postcard. The postcard you originate will be public and reproduced.

Warm Regards, Marita

Reply to: Marita Batna, Curator, Creative Occupation marita.batna@gmail.com +61 425 326 728 Voices... My Voice I n v i t a t i o n

Project of Newsletter from the Island & Special Edition

Project of NewsLetter from the Island & Special Edition of Series Two Postcards (Creative Occupation 2020) as part of the Island community of artists and friends.

Hearing and expressing 'voices' in isolating times (COVID-19).

Take an image (indoor or outdoor), make a poetic writing, send words - send one or several things.

This will compose an image for a Postcard.
Originators credited. Postcards are public.

Send in to Marita by Sunday 3rd of May: via email marita.batna@gmail.com, tel +61 425 326 728, Messenger, WhatsApp.

Full set of Special Edition will be sent to everyone in the group by post (estimated May 2020). Please provide your postal address.